



## Canadian Fitness Education Services

### 2022 Course Resources Price List

Mailing Address: PO Box 138, Summerland, B.C., V0H 1Z0

Tel.: 250.494-5355 • Toll free 1.877.494.5355

Email: cfes@telus.net • Website: www.canadianfitness.net

#### **CFES Fitness Knowledge Course**

##### **CFES Fitness Knowledge Course Student Resource Manual (FKSM)**

National Library of Canada ISBN: 0-9731320-0-0; Publisher: Canadian Fitness Education Services Ltd.  
350 pages, \$51.00\*

##### **CFES Fitness Knowledge Course Student Program Booklet (FKSPB)**

National Library of Canada ISBN: 0-9731320-1-9; Publisher: Canadian Fitness Education Services Ltd.  
158 pages, \$21.00\*

##### **CFES Fitness Knowledge Course Educator Kit (FKEdKit)**

National Library of Canada ISBN: 0-9731320-3-5; Publisher: Canadian Fitness Education Services Ltd.  
Includes one student manual, program booklet, hardcopy 580 pages Educator Kit and PowerPoint Educator Kit  
CD-rom (600+ slides): \$300.00\*. **[HIGH SCHOOL SPECIAL PRICING \$73.50 + GST/S&H]**

#### **CFES Group Fitness Instructor Course Resource**

##### **CFES Group Fitness Instructor Course Resource Manual (GFIRM)**

National Library of Canada ISBN: 0-9731321-4-0; Publisher: Canadian Fitness Education Services Ltd.  
326 pages, \$51.00\*

##### **CFES Group Fitness Instructor Course Program Booklet (GFIPB)**

National Library of Canada ISBN: 0-9731321-5-9; Publisher: Canadian Fitness Education Services Ltd.  
218 pages, \$26.00\*

##### **CFES Group Fitness Instructor Course Educator Kit (GFIEdKit)**

National Library of Canada ISBN: 0-9731321-6-7; Publisher: Canadian Fitness Education Services Ltd.  
Includes one student manual, program booklet, hardcopy 288 pages Educator Kit and PowerPoint Educator Kit  
CD-rom (300+ slides): \$250.00\* **[HIGH SCHOOL SPECIAL PRICING \$73.50 + GST/S&H]**

#### **CFES Weight Training Instructor Course**

##### **CFES Weight Training Instructor Course Resource Manual (WTIRM)**

National Library of Canada ISBN: 0-9731320-4-3; Publisher: Canadian Fitness Education Services Ltd.  
254 pages, \$51.00\*

##### **CFES Weight Training Instructor Course Program Booklet (WTIPB)**

National Library of Canada ISBN: 0-9731320-5-1; Publisher: Canadian Fitness Education Services Ltd.;  
254 pages, \$26.00\*

##### **CFES Weight Training Instructor Course Educator Kit (WTIEdKit)**

National Library of Canada ISBN: 0-9731320-6-EdKit; Publisher: Canadian Fitness Education Services Ltd.  
Includes one student manual, program booklet, hardcopy 334 pages Educator Kit and PowerPoint Educator Kit  
CD-rom slides: \$250.00\* **[HIGH SCHOOL SPECIAL PRICING \$73.50 + GST/S&H]**

*Continued page 2*



## Canadian Fitness Education Services

### 2022 Course Resources Price List

Mailing Address: PO Box 138, Summerland, B.C., V0H 1Z0

Tel.: 250.494-5355 • Toll free 1.877.494.5355

Email: [cfes@telus.net](mailto:cfes@telus.net) • Website: [www.canadianfitness.net](http://www.canadianfitness.net)

#### CFES Aquafit Instructor Course

##### CFES Aquafit Instructor Course Student Resource Manual (AFISM)

National Library of Canada ISBN: 978-0-9868197-3-5; Publisher: Canadian Fitness Education Services Ltd.  
260 pages, \$51.00\*

##### CFES Aquafit Instructor Course Student Program Booklet (AFISPB)

National Library of Canada ISBN: 978-0-9868197-4-2 ; Publisher: Canadian Fitness Education Services Ltd.  
170 pages, \$26.00\*

##### CFES Aquafit Instructor Course Educator Kit (AFIEdKit)

National Library of Canada ISBN: 978-0-9868197-4-2 CD; Publisher: Canadian Fitness Education Services Ltd.  
Includes one student manual, program booklet, hardcopy 200+ pages Educator Kit and PowerPoint Educator Kit  
CD-rom (200+ slides): \$250.00\* **[HIGH SCHOOL SPECIAL PRICING \$73.50 + GST/S&H]**

#### CFES Personal Trainer Course

##### CFES Personal Trainer Course Resource Manual (PTRM)

National Library of Canada ISBN 978-0-9868197-0-4; Publisher: Canadian Fitness Education Services Ltd.  
510 pages, \$100.00\*

##### CFES Personal Trainer Course Work Booklet + Study Guide<sup>18</sup> (PTWBSG)

National Library of Canada ISBN: 978-0-9868197-1-1; Publisher: Canadian Fitness Education Services Ltd.  
218 pages, \$26.00\*

##### CFES Personal Trainer Course Educator Kit (PTEdKit)

National Library of Canada ISBN: 978-0-9868197-2-8; Publisher: Canadian Fitness Education Services Ltd.  
Includes one student manual, program booklet, hardcopy 360 pages Educator Kit and PowerPoint Educator Kit  
CDrom (500+ slides): \$400.00\* **[HIGH SCHOOL SPECIAL PRICING \$73.50 + GST/S&H]**

*\* All orders applicable taxes/delivery extra.*

*Please allow seven to eleven business days for resource order printing and delivery.*

*For more information contact Canadian Fitness Education Services Ltd*

*Effective July 1, 2022*