



## Canadian Fitness Education Services

### 2022 Course Resources Price List

Mailing Address: PO Box 138, Summerland, B.C., V0H 1Z0

Tel.: 250.494-5355 • Toll free 1.877.494.5355

Email: [cfes@telus.net](mailto:cfes@telus.net) • Website: [www.canadianfitness.net](http://www.canadianfitness.net)

#### **CFES Fitness Knowledge Course**

##### **CFES Fitness Knowledge Course Student Resource Manual (FKSM)**

National Library of Canada ISBN: 0-9731320-0-0; Publisher: Canadian Fitness Education Services Ltd.  
350 pages: \$51.00\*

##### **CFES Fitness Knowledge Course Student Program Booklet (FKSPB)**

National Library of Canada ISBN: 0-9731320-1-9; Publisher: Canadian Fitness Education Services Ltd.  
158 pages: \$21.00\*

##### **CFES Fitness Knowledge Course Educator Kit (FKEdKit)**

National Library of Canada ISBN: 0-9731320-3-5; Publisher: Canadian Fitness Education Services Ltd.  
Includes one student manual, program booklet, hardcopy 580 pages Educator Kit and PowerPoint Educator Kit  
CD-rom (600+ slides): \$300.00\*.

#### **CFES Group Fitness Instructor Course Resource**

##### **CFES Group Fitness Instructor Course Resource Manual (GFIRM)**

National Library of Canada ISBN: 0-9731321-4-0; Publisher: Canadian Fitness Education Services Ltd.  
326 pages: \$51.00\*

##### **CFES Group Fitness Instructor Course Program Booklet (GFIPB)**

National Library of Canada ISBN: 0-9731321-5-9; Publisher: Canadian Fitness Education Services Ltd.  
218 pages: \$26.00\*

##### **CFES Group Fitness Instructor Course Educator Kit (GFIEdKit)**

National Library of Canada ISBN: 0-9731321-6-7; Publisher: Canadian Fitness Education Services Ltd.  
Includes one student manual, program booklet, hardcopy 288 pages Educator Kit and PowerPoint Educator Kit  
CD-rom (300+ slides): \$250.00\*

#### **CFES Weight Training Instructor Course**

##### **CFES Weight Training Instructor Course Resource Manual (WTIRM)**

National Library of Canada ISBN: 0-9731320-4-3; Publisher: Canadian Fitness Education Services Ltd.  
254 pages, \$51.00\*

##### **CFES Weight Training Instructor Course Program Booklet (WTIPB)**

National Library of Canada ISBN: 0-9731320-5-1; Publisher: Canadian Fitness Education Services Ltd.;  
254 pages, \$26.00\*

##### **CFES Weight Training Instructor Course Educator Kit (WTIEdKit)**

National Library of Canada ISBN: 0-9731320-6-EdKit; Publisher: Canadian Fitness Education Services Ltd.  
Includes one student manual, program booklet, hardcopy 334 pages Educator Kit and PowerPoint Educator Kit  
CD-rom slides: \$250.00\*

*Continued page 2*



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### **CFES Aquafit Instructor Course**

#### **CFES Aquafit Instructor Course Student Resource Manual (AFISM)**

National Library of Canada ISBN: 978-0-9868197-3-5; Publisher: Canadian Fitness Education Services Ltd.  
260 pages: \$51.00\*

#### **CFES Aquafit Instructor Course Student Program Booklet (AFISPB)**

National Library of Canada ISBN: 978-0-9868197-4-2 ; Publisher: Canadian Fitness Education Services Ltd.  
170 pages: \$26.00\*

#### **CFES Aquafit Instructor Course Educator Kit (AFIEdKit)**

National Library of Canada ISBN: 978-0-9868197-4-2 CD; Publisher: Canadian Fitness Education Services Ltd.  
Includes one student manual, program booklet, hardcopy 200+ pages Educator Kit and PowerPoint Educator Kit  
CD-rom (200+ slides): \$250.00\*

### **CFES Personal Trainer Course**

#### **CFES Personal Trainer Course Resource Manual (PTRM)**

National Library of Canada ISBN 978-0-9868197-0-4; Publisher: Canadian Fitness Education Services Ltd.  
510 pages: \$100.00\*

#### **CFES Personal Trainer Course Work Booklet + Study Guide (PTWBSG)**

National Library of Canada ISBN: 978-0-9868197-1-1; Publisher: Canadian Fitness Education Services Ltd.  
218 pages: \$26.00\*

#### **CFES Personal Trainer Course Educator Kit, (PTEdKit)**

National Library of Canada ISBN: 978-0-9868197-2-8; Publisher: Canadian Fitness Education Services Ltd.  
Includes one student manual, program booklet, hardcopy 360 pages Educator Kit and PowerPoint Educator Kit  
CDrom (500+ slides): \$400.00\*

*\* All orders applicable taxes/delivery extra.*

*Please allow seven to eleven business days for resource order printing and delivery.*

*For more information contact Canadian Fitness Education Services Ltd*

*Effective July 1, 2022*